

THE HIGHLIFE 2.0

HIGHLANDS SCHOOL

**UPCOMING
EVENTS:**

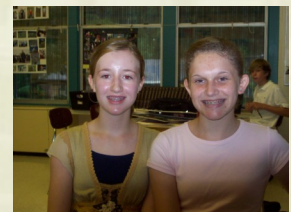
- September 22, A Day in the Life 6:30
- September 25th, First Interim Ends! Get those grades up!
- September 25th, Movie Night
- September 30th, Highlands School Book Fair
- October 6th, Half Day
- October 7th, Conference Day No School
- October 8th, Secondary Placement Fair

LETTER FROM THE EDITORS

Dear Readers,
Welcome to the new generation of The HighLife! We want to make the new issues better, more interesting. We want to create a newspaper you cannot wait to read. Be sure to read our teacher interviews. We promise they won't put you to sleep. With the new school year starting up, there are so many opportunities. We want to show you what movies to

go to, what songs on iTunes to download, what books to bury your nose in, your next favorite home-made meal, and what clothes to look amazing in. We've added a few new columns. Such as, I Love Carl Azuz, Cooking with Eli, Fashion by Miaya, and The Coolest Stuff Ever. A timeless favorite Ask Julian returns, so be sure to write in! Generation 2.0 of The HighLife, big-

ger, better, and more fabulous than ever! Enjoy your paper!



Your editors,
Dakotah and Leila

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ASK JULIAN



Hey guys! It's Julian Highlife. I hope you are all having a great beginning of the year! I am ready to respond to all of your burning questions. There is no one better equipped to give you the advice you

need! For the new sixth graders, I am an advice columnist, and my identity will never be revealed. So please write to me at ask-julian.advice@gmail.com, or stick a note in the black box on Mrs.

Spivey's desk. Remember that you should write anonymously; use a made up name. I am here for you.
~Julian

HIGH-STYLE



Fashion is an ever-changing aspect of life. Designer clothing is amazingly done, but very expensive. So, why not look nice for fair price? Well, here in HIGH-STYLE I can give you advice on how to dress, tips on accessorizing, and the brand(s) to buy.

TIP #1: When wearing a plain shirt or

dress use brightly colored or long jewelry. You can even use nice, funky belt to keep it from being boring! Here is a list for the ideal cute outfit!
 Brand(s): GAP, Abercrombie & Fitch, Forever21
 Green t-shirt- GAP Price: \$16
 Dark Jeans- Abercrombie & Fitch

Price: \$22
 Jean Jacket- Abercrombie & Fitch Price: \$39
 Pink converse- GAP Price: \$35
 Bag green & brown- GAP Price: \$69
 Gold Floral Clustered necklace- Forever21 Price: \$8.80



This is the outfit!

By: Miaya Webster

I LOVE CARL



Don't hate on Carl!

Ok, yeah, he makes stupid jokes at the end of every segment, and, yeah, he might not have the coolest haircut ever, but I think what he does is pretty cool. FYI, he probably doesn't get a lot of money for his job, at least not as much as a big time reporter. He earned his bachelor's degree in telecommunications at the University of Georgia. Azuz has done a lot of public speaking, and some of the things he has done include national conventions, graduation ceremonies, charity events and student-oriented workshops. Carl previously worked as a writer and associate producer for CNN Interna-

tional. He wrote and edited headlines for worldwide distribution. As CNN Student News Anchor, he has covered everything from the war in Iraq to electric drag racing cars. Azuz talks about classroom related topics on his blog "From A to Z with Carl Azuz." You can also go to the CNN Student News Facebook page and post your comments on

AZUZ!

the show. I think that Carl Azuz is a pretty cool guy, and an awesome dancer, too (if you don't know what I'm talking about, go to Youtube.com and search for "CNN Student News: Carl Azuz Dancing." It'll be the first video).

By: Leila

Haikala

STUDENT COUNCIL ELECTIONS



The elections are over, the votes are in! This year's student council elections were exciting, full of runoffs, speeches, and great results!

After run-offs in 6A, 6B and 7th grade the final winners are as fol-

lows: Harrison Ritchie 6A Rep, Hugh Perkins 6B Rep, Eli Cohen and Nathan Sorscher will serve as co-reps for 7th grade.

Now for the top spots: Maddie Seidel will serve as President, Leila Haikala will serve

as Vice-President and Chris Brookshaw will serve as Treasurer. Congratulations to the winners!

By: Molly Kauper

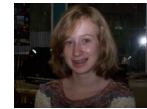


JONAS BROTHERS' CONCERT

On August 16th, 2009, the Jonas Brothers had one of their many concerts in their world tour, in Birmingham, Alabama. They went to many different places around the country, including Denver, Dallas, Salt Lake City, Boston, Los Angeles, and Birmingham. At this concert, in the BJCC, they were at full capacity, which means there were over 17,000 screaming fans. Their opening act was Honor Society, a pop-rock band originally from New York and New Jersey. Then "The Wondergirls" performed, who are a Korean group of five women that sing and dance, and are popular in Asia. Then the Jonas Brothers came on, opening with their popular new song, "Paranoid". They played a total of 22 songs, including "Play My Music", the theme song to their show, Jonas, "Year 3000", "Sweet Caroline", and "Burnin' Up". There was a variety of types of music and instruments, like guitars, pianos, saxophones, drums, and a lot more! Their stage was also a highlight. It was a large circular stage, with two smaller ones out to the sides. The inside of the center stage would rotate, all well as the outside. Also the center would rise up and down and become a trampoline! On one of the stages to the side, the center would raise up! So as you can see, the night of the Jonas Brothers concert was very fun and exciting!

By: Molly Kauper

KEEP YOUR EYE ON PROJECT RUNWAY



4 out of 5 Stars
9:00pm on Lifetime

Project Runway started out with a bang this week and welcomed in sixteen new designers to compete in challenges with the goal to win money to start their own clothing line. The designers met in Los Angeles and started on their first challenge: to design an outfit for and awards show. Some designers took risks, like Ari Fish, who made a puffy halter top with hood.

Next, the designers met with their models for a fitting. It went perfectly for everyone, except for Georgia designer Mitchell Gold. Mitchell's complicated dress did not fit his model at all, so he had to send her out on the runway wearing a dreadful see through caftan. Ari Fish left Project Runway this week, but Mitchell will probably be next.

I am super excited about this season because some of the designers could easily win. Being a really big fan since the beginning, the talent isn't as great as past seasons. It's going to be a really interesting season.

By: Maddie Seidel

HAPPY BIRTHDAY!!!

- **June Birthdays:** Lianna Zhou: 5th, Mrs. Hammer: 16th and Maddie Seidel: 26th
- **July Birthdays:** Elizabeth Holland: 9th, Miriam Bernard: 26th and Mrs. Darden: 27th
- **August Birthdays:** Mrs. Hunsicker: 8th, Sarah Rosenthal: 9th, Johnny Baxley: 13th, Mrs. Spivey: 19th, and Thomas Barr: 24th
- **September Birthdays:** Leila Haikala: 1st

Happy Birthday from the HighLife Staff! We hope your day was one to remember!!

WHO IS SENORA SEAY?

Mrs. Seay, our lovely new Spanish teacher, is obviously a very interesting, intriguing person.

Many may wonder about her origin, what made her want to be Spanish teacher, what college she went to, where she grew up, etc. Overall she has been a teacher for eight years. However four of these years she taught English in Shelby County. She became a Spanish teacher because, "I am good at it, and love doing it." At UAB she majored in Spanish (obviously) and minored in French. She has a fascination with other languages and their cultures. While studying abroad in college she went to Spain and Mexico. Her favorite thing she did in Spain was traveling and eating Tapas, a Spanish cuisine, (Spanish - pun, get it Spain = Spain-

ish; something Carl Azuz would say).

Mrs. Seay loves the book *House of Spirits* by Isabel Allende. Her favorite book in the Twilight series is Eclipse. She usually favors the second to last books in a series because the reader is really into it, yet there is still room for a cliff hanger. Between Edward and Jacob she chooses, "Edward, for the good of everyone concerned, he is the best choice."

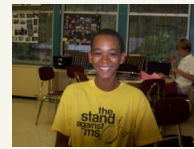
If she could have been born in any time period it would be the 70's, because she thinks of herself as basically a hippy. Interesting huh? Guess what else; she would like to be on the television show "What Not to Wear."

Her hobbies are reading, playing tennis, and making mosaics. She

also likes to shop and her two favorite stores are the Gap and Banana Republic.

Mrs. Seay always wanted to be a teacher growing up. When asked, "What would you rather be doing when grading papers?" She said "sleeping, watching T.V., or playing with my daughter".

I hope that this article answers any questions and helps you to get to know our new Spanish teacher. She is a really friendly person. She is also a wonderful teacher. I look forward to spending a great year with her.



By: Christian Morris

CELEBRITY UPDATES!

Star on the rise:

Bridgit Mendler is the new Disney girl, she played Kristen Gregory in *The Clique*, Emma Clayhill in *Labor Pains*, and Juliet Van Heusen in *Wizards of Waverly Place*. Bridgit Mendler will also play Teddy in the upcoming TV show, *Good Luck Charlie*, along with Jason Dolley who plays her brother, Casey. Keep an eye

on her. Big things are sure to come for Bridgit Mendler.

Celebrity Relationships:

Kevin Jonas is engaged to his girlfriend, Danielle Deleasa. Hilary Duff and boyfriend, Mike Comrie, are also engaged. Mike gave Hilary a brand new

Mercedes during the proposal. WOW!

In Other News:

Disney Channel may cancel the TV show *Hannah Montana*. This is crazy! I do not think this is a smart move at all on Disney's part.



By: Lianna Zhou

THE COOLEST STUFF EVER!

This column is new to The HighLife. Basically, this column features my favorite things and the coolest things I have come across each month. Sometimes the coolest things ever are not what's "in" but things that are different and interesting and well done. I wanted to talk about a few things this first issue. First, I wanted to tell everyone about a wonderful book I have come across. *Becoming Billie Holiday*, is the clearly cut, well-written and inspiring story of the legendary singer Billie Holiday and her story in a series of poems and illustrations. Try picking it up and reading a few poems every day or adding it to the stack on your coffee table. I'm convinced the coolest store ever right now, is the adorable boutique SOCA in Homewood. The women who work in the hip New-York based store are super-friendly and very chic. With a huge wall of dark wash designer denim, tons of items on sale, and unique pieces like updated 20's flapper dresses, tunics, and beautifully sewn blouses there is no way anyone could go in and not want to buy something. If you're still wearing children's sizes a new SOCA Girl store is opening right across the street with equally adorable clothes on October first. Be sure to have a super cool September full of great reads, fabulous clothes, award-worthy movies, and exceptional music!

COOLEST PICKS LIST

Coolest Book(s): *Homeless Bird* by Gloria Whelan, *The Great Gatsby* by F.Scott Fitzgerald, *Fairest* by Gail Carson Levine, *The Market* by J.M. Steele

Coolest Music: Coldplay, Carolina Liar, Jackson Browne, The Fray

Coolest clothes: anything that you love and fits you well! I am loving big earrings, pearls, long leggings, and leather sandals

Coolest Movies: Julie and Julia, How to Marry a Millionaire, and Cinderella!

By: Dakotah Murphree

HIGHLIFE STAFF MUSIC PICKS

1. The Fray- Our favorite songs include : "Look After You", "Heaven Forbid", "Never Say Never", "How to Save a Life", "Over My Head" (Cable Car), and "Syndicate"
2. Michael Jackson is tragically dead but his music lives on. Some of our favorites are: "ABC", "Billie Jean", "Remember the Time"
3. Carolina Liar- The new band has had their songs featured in many recent movies and TV shows. You should check out the songs "Show Me What I'm Looking For" and "I'm Not Over"
4. Oasis has some great lyrics. Our top three songs are "Don't Look Back in Anger", "I'm Out of Time", and "Wonderwall"
5. Basically unheard of artist Lenka has a whimsical, happy, wispy song out called "The Show".
6. Everyone is Taylor Swift crazy. We know of lots of people who can and will sing "You Belong With Me" or "Our Song" at the drop of a hat. Some of her lesser-known but still great songs we enjoy include: "Stay beautiful", "Invisible", and "The Best Day"
7. Our favorite Train songs are "Drops of Jupiter" and "All-American Girl".
8. Tracy Chapman may be unfamiliar to some of you, but after hearing her songs you won't be soon to forget her. Our favorites include "Sing For You", and "Change".
9. An old favorite of the newspaper staff is the group Death Cab for Cutie. We immensely enjoy their bittersweet songs "I Will Follow You Into the Dark", and "Sound of Settling"
10. The Dave Matthews band, a favorite of SOME, is responsible for the songs "Funny the Way It Is", "Crash", and "Grux" on our iTunes most played list
11. Finally we recommend the legendary band U2 and their songs "Sunday Bloody Sunday", "One", "Vertigo", "Beautiful Day", and "New Years Day"

Update your iPod!

TOP TEN STUDY TIPS:

If you need help improving your study skills these ten tips will help you find success. For additional information please visit <http://www.brighthub.com/education/k-12/articles/3521.aspx>. This site is where these tips were found. The HighLife staff has received teacher approval for these awesome tips. Try them today!

10. Select a consistent place to study.
9. Don't wait until the last minute.
8. Use your agenda!
7. Dedicate a space for every class in your book bag.
6. Stay organized throughout the year.
5. Make study cards.
4. Make your own study guide.
3. Talk about assignments with friends.
2. If you are struggling, ask for help.
1. Make academics a focus in your life.

We hope these tips help you become more efficient at studying. Please, remember to ask for help when you need it.

TEDDY BEAR DAY SNAPSHOTS



COOKING WITH ELI COHEN

Spaghetti Puttanesca

Ingredients:

¼ cup extra virgin olive oil
 4 garlic cloves, peeled
 4 anchovy fillets
 ¼ teaspoon crushed red pepper
 1 tablespoon tomato paste
 One 35-ounce can whole peeled Italian tomatoes with their juices
 1/3 cup pitted kalamata olives
 2 tablespoons capers
 5 sprigs basil
 Salt
 Freshly ground pepper
 Pinch of sugar



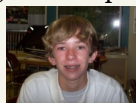
Directions:

1. In a large saucepan, heat oil. Add garlic and cook at moderate heat, stirring occasionally, until golden.
2. Sauté 4 anchovy fillets and ¼ teaspoon crushed red pepper. At first the scent may be strong but continue to crush the anchovies as you sauté them. The smell goes away and the anchovies give a key salty flavor to the dish.
3. Turn off burner to prevent splatter, and add tomato paste and cook, stirring constantly, for another minute.
4. Now comes the fun but messy part. After re-igniting the burner, crush the tomatoes by hand and let all the juices flow into the sauce pan. If you'd prefer not to have tomato juice all over your kitchen, insert thumb into tomato to release juices, before crushing the tomato into tiny bits.
5. Next, chop olives and add to sauce, along with capers.
6. Chop basil and add to concoction.
7. Add pinch of sugar and salt and pepper until srumdiddliumcious.
8. Set to low temperature and simmer for 20 minutes.
- 8 ½. If serving a guest taste with a large spoon and serve with same.
9. While sauce is simmering start boiling your spaghetti in water. The water must be heavily salted for flavor and to raise the boiling point therefore making your water even hotter.
10. When water is at a vigorous boil add spaghetti. Cook according to direction or until "al dente", firm, not mushy.
11. When the sauce has simmered and the spaghetti has boiled drain the spaghetti of water and ladle sauce over spaghetti. Served with aged grated, Parmesan cheese to taste (cheese is optional.)

Letter from the Chef: Hello Highlands School. I hope you enjoyed the first issue of Cooking with Eli. Please, I encourage you to make these dishes. I always choose the best homemade meals, and I ask for your comments and recommendations for new meals you would like me to try.

MEET COACH WILLIAMS

As all of you know Coach Williams is the new P.E. coach. I recently did a short Q &A with her. Coach Williams did not know what she wanted to do until after graduating from Auburn University. After coaching kids' soccer she decided that she wanted to be a P.E. coach. She then enrolled at University of Alabama at Birmingham to become a certified teacher. After graduating from UAB, she decided to come teach the wonderful students here, at Highlands. She said, "Coming to Highlands School has been an easy transition because the community is so welcoming, and the kids are easy to get to know". Mrs. Williams thinks that the hardest part of her job is thinking of an activity that all of the ages can do. Her least favorite gym activity is cardio and running. Hard to believe right?! I hope you all get to know and enjoy Mrs. Williams!



By: Kyle Luce